

*November 2023*

THE WRITE GYM  
BY WRITER'S  
ATELIER

MONTHLY INSPIRATION



# 03

*List Prompt*

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*Include the following words:*

*Suitcase / Clock / Sunflower / Red*

A pair of glasses with dark frames and clear lenses is resting on a white, ribbed knitted sweater. The sweater is folded, and the glasses are positioned in the center. The background is a soft, out-of-focus light color.

“

Believe it can be done. When you believe something can be done, really believe, your mind will find the ways to do it. Believing a solution paves the way to solution.

-DAVID J. SCHWARTZ

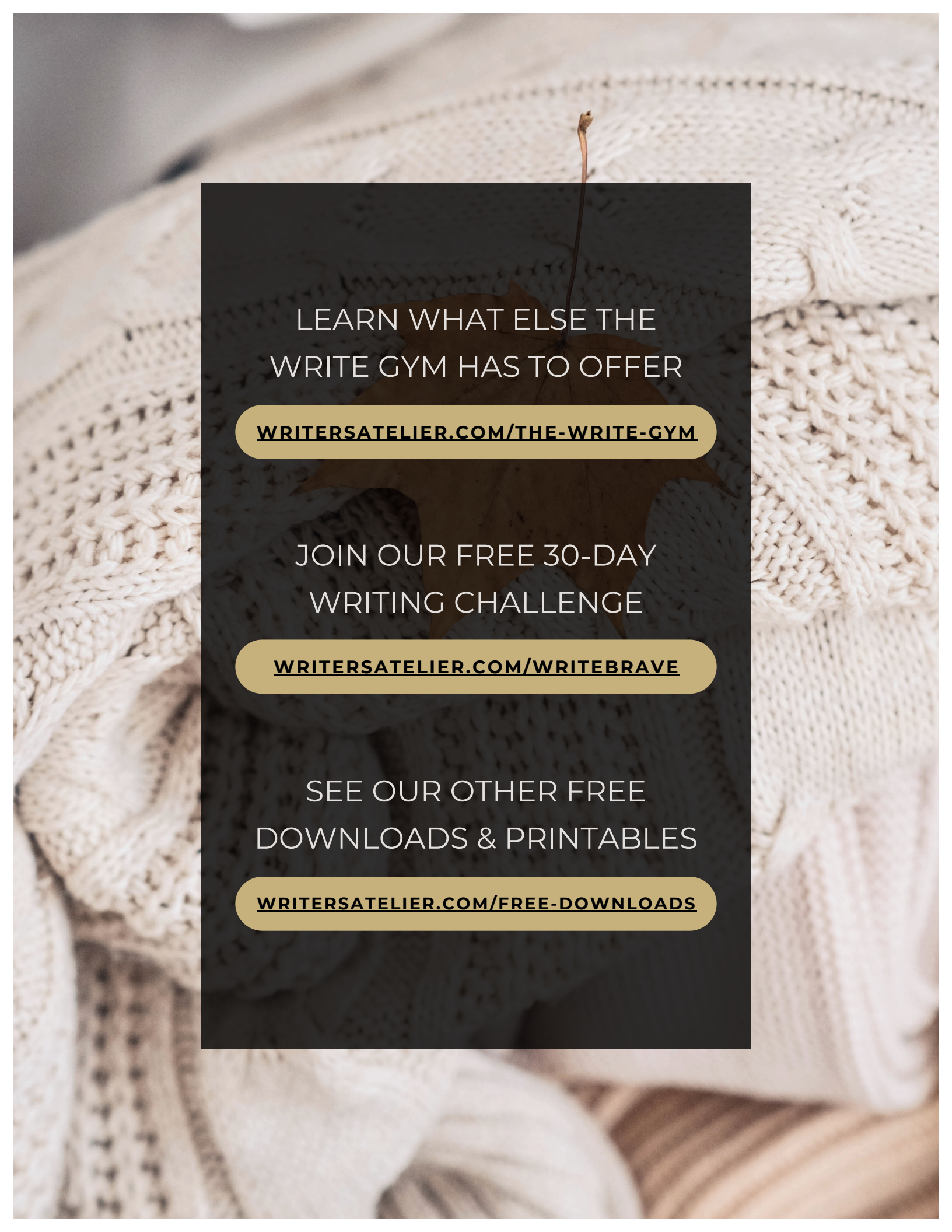


# 05

## *Let Go Prompt*

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*In the fall, leaves die so something new can grow. The trees know they have to let go. What's something your character has to let go of? Why do they need to let go? Nonfiction writers, is there something you need to let go of or something you already let go of? How did/does it impact your life?*



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happy  
writing!